

## Westminster Physician Provides for Her Community's Most Basic Needs

Hunger and malnutrition are still the number one risk to health worldwide.

Here in Colorado, hunger affects one in eight people. Jacqueline Woodrum, D.O., recognized that many in her community were experiencing hunger. So she did something about it.

After achieving her dream of opening and managing a successful family practice in Westminster, Dr. Woodrum fulfilled another lifelong dream and opened Café Isabel, a small café decorated like a family kitchen that serves her own family's recipes.

Through her work, Dr. Woodrum became aware of a large population of "working poor" and elderly people who lack family connections and social support. Seeing an opportunity to help, Dr. Woodrum began serving a free weekly dinner for anyone who walked through her doors.

Initially, Dr. Woodrum funded the dinners herself and relied on volunteers to help cook and serve. The dinners expanded quickly, leading her to create a not-for-profit foundation called Isabelle's Kitchen in late 2009. She began soliciting food donations from local grocers and produce suppliers. Until recently, Isabelle's Kitchen served dinner twice a week, with Dr. Woodrum and her restaurant manager shopping, planning meals, soliciting donations, cooking, and washing dishes.

In 2010 alone, Dr. Woodrum served more than 8,000 meals to patrons who may not otherwise have had a nutritious meal.



*COPIC Medical Foundation honored Jacqueline Woodrum, D.O., with the Harold E. Williamson Award for volunteer accomplishments.*

According to her partner Sarah C. Werner, M.D., the impact on their community is self-evident. "People who could not otherwise afford to feed their families can eat. People are treated kindly and served with dignity," said Dr. Werner.

Perhaps one of the best indicators of the success of Isabelle's Kitchen is the degree to which it has raised the awareness of other organizations in regard to hunger in the community. With many such organizations now meeting the need, Dr. Woodrum is turning her thoughts to how she might continue to serve the community. She is considering providing nutrition education and classes on how to prepare low-cost, healthy meals.

COPIC is pleased to honor Dr. Woodrum with the 2010 Harold E. Williamson Award

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for her volunteer achievements. The award provides a \$10,000 donation from COPIC Medical Foundation to a health care-related non-profit organization of her choice.

Although COPIC's award typically honors physicians for time spent providing volunteer medical care, our Board is thrilled to honor a family physician who is raising her own family, practicing medicine, running her own medical practice, running a restaurant, and finding the energy to fill a fundamental need in her community.

Please join us in congratulating Dr. Woodrum. We thank everyone who took the time to honor the outstanding physicians in their communities and the physicians whose tremendous contributions benefit us all.

**FOR INFORMATION ABOUT ALL OF THE PHYSICIANS NOMINATED FOR THE 2010 AWARD VISIT [WWW.COPICFOUNDATION.ORG](http://WWW.COPICFOUNDATION.ORG) AND CLICK "VOLUNTEER PHYSICIAN AWARD."**